Tennis Nova Scotia News-February 2012

Our Newsletter

February promises to be a big month for Tennis in the region with the Junior Atlantics in Newfoundland and the Master's Atlantics in PEI. Good Luck to all the Competitors!

This is the Fourth Edition of "Tennis Nova Scotia News"; Tennis Nova Scotia's latest way to communicate with its Members and Member Clubs.

If there is something that you would like to share with the Tennis Community; Tournaments, Events, Fundraisers, Results, etc… please submit them to TNS and we will try to get the word out for you.

Technical Director Hire

Please join me in welcoming Scott Hurtubise to the staff of Tennis Nova Scotia. Scott comes to us from a rich background in the tennis industry in Ontario. He is a certified Coach 2 and Club Pro 2 and also one of the top course facilitators in the country. Scott recently served as Program Coordinator/Head Pro at the Waegwoltic Club in 2011 as well as the Canada Games coach for Nova Scotia at the 2009 Games in P.E.I. We are looking forward to Scott assisting our association in bringing tennis to the schools across the province as well as working with our member clubs and communities to strengthen their programs. In his role as Technical Director, Scott will also be in charge of all High Performance programs including the 2013 Canada Games.

Scott can be reached by email at shurtubise@sportnovascotia.ca

TNS / Northcliffe Singles Ladder

How about the chance to win free entry into the 2012 Bell and Grant Open ! Just join the ladder and you will have your chance. Two lucky winners will gain free entry into the 2012 Bell and Grant Open, the winner of the ladder and another random draw will win this great prize. Simply enter the TNS / Northcliffe Singles ladder and participate in at least 1 match to qualify. All ladder rules as well as entry guidelines can be found on our website www.tennisnovascotia.ca This is a great way to play new players and test your skills against higher ranked competitors. The singles ladder will begin on February 13th and run through to May 4th. Entry fee will be $15.00 per player.

2012 Junior Atlantics

Good Luck to all the Junior athletes travelling to Newfoundland in February for the Junior Atlantic Championships. Those competing for a chance to make the National selection are as follows:

Boys U12 : Julien Oxner, Michael Oxner, Clarke Fullerton, Luke Conlon, Max Hurtubise and Yannick Hurtubise.

Boys U14 : Riley Taylar, John Oxner, Johnathan Gaunce,

Boys U16: Duncan Addison and Matthew Bethune

Boys U18: Warren Dietrich,Lauclin Ewald and Rory Chisholm

Girls U12: Anna Nicolela, Emma McShane and Isobel Anderson

Tennis Nova Scotia Memberships

It is time to renew your TNS Individual and Club Memberships for 2012. The following is a list of the Benefits that you receive by renewing your Membership:

Individual Memberships

Player Gift: Each Tennis Nova Scotia members will receive a gift for joining. These gifts can be picked up at the TNS office or at select tournament venues.

Participate in all Tennis Nova Scotia sanctioned tournaments: Improve your game and gain some new friends by participating in the Tennis Nova Scotia sanctioned tournaments. The tournaments are an excellent way to keep up your skills and your fitness level throughout the year. A variety of events are available. (Tournament fees vary per event)

Acquire a Tennis Nova Scotia Ranking: With our new ROGERS RANKINGS system it's easy and convenient to follow your advancement in tournaments. Your updated ranking will be updated every Thursday. Now that's progress!

Play tennis all over Canada: Regardless where you play, individuals can enjoy playing privileges in all Canadian provinces. Just use your username and password when participating in a camp or tournament.
Participate in all Tennis Nova

Scotia courses, camps & clinics: Always wanted to become a certified coach or instructor? Now you can! Your Tennis Nova Scotia Player membership will give you access to a variety of courses, camps and clinics. Just check the schedule and register! (Course fees vary)

Register on-line: Members are now able to register for tournaments on-line, receive an e-mail newsletter and track their ranking. It's just that easy!

Individual Memberships are $35 per year (January 1st to December 31st).

CLUB BENEFITS

Benefits of becoming a Member Club of TNS include but are not limited to:

- 2 Professional development visits from Tennis Nova Scotia's Technical Director. These visits can be used to run junior/adult clinics as well as for professional development for club coaches and staff.
- TNS will enter schools across the province distributing brochures to students directing them to the member clubs in their area.
- The ability to host TNS sanctioned tournaments which in turn generate income for the member clubs.
- Discounts on equipment, balls and Tennis Canada materials.
- TNS website posting of club employment opportunities, tournaments and clinics.
- All club members will receive a discount on individual play memberships.
- Assisting the Association with its goal of producing more and better players and giving players of all ages and abilities an opportunity to play tennis.

Contact Tennis Nova Scotia to become a Member Club.

The proceeds from your Memberships allow TNS to exist, grow, and develop the sport of Tennis in the province of Nova Scotia. Your support is appreciated.

Industry News

Truro Cougar Dome

The following is part of a press release from January 16, 2012:

Plans are currently on schedule to construct an air supported multi-sport dome to be located adjacent to the Cobequid Educational Centre (CEC) and Colchester Legion Stadium in Truro this summer for a fall opening. The facility will consist of eight permanent tennis courts, a 3 lane quality track and a multi use turf surface on top of four of the cushioned / hard surfaced tennis courts.

This facility will be unique, in that it will be owned and operated by a not-for-profit organization called the Cobequid Society for Athletic Excellence (CSAE). One of the Society's primary objectives is to offer free access to the tennis facility during school hours to CEC and other schools within the Chignecto-Central Regional School Board, where more than 20,000 students of all ages are enrolled annually.

Annual tennis memberships, tennis programming, leagues lessons etc will be offered on an "as affordable as possible bases", all of which will be done in cooperation with the Truro Tennis Club.

The facility will be known as the Cougar Dome. "Cougars" is a recognizable name representing all sports within CEC, and carries many years of outstanding sport and athletic achievements in the largest high school in Nova Scotia.

The CSAE is pleased to report the project has gained the approval and support of Tennis Nova Scotia and Tennis Canada.

The Cougar Dome comes with a capital cost of just over 2 million dollars. Financial commitments to date totals 1 million and the CSAE will begin a campaign to raise the balance. Charitable tax receipts will be offer to all financial supporters of the worthy project.

For additional information, please contact:

Scott Annand
President,
Cobequid Society for Athletic Excellence
annands@ccrsb.ca

The Tennis Channel

Want to see more Tennis on TV? This petition could be a step in the right direction. Please go to the following link if you would like to add your name to the growing list of Canadian Tennis Enthusiasts. http://www.gopetition.com/petitions/tennis-channel.html

CourtSide Canada

Join Canada's Tennis Network. Connect to tennis in Nova Scotia, in your Club, in your community and with your friends. Join today! Sign up for a Player Account… It only takes a minute and it's absolutely FREE! www.courtsidecanada.ca

Canadian Tennis News

Davis Cup, World Group

Canada (Frank Dancevic, Daniel Nestor, Vasek Pospisil, and Milos Raonic) vs France, February 10-12, 2012

Fed Cup

Canada (Stephanie Dubois, Sharon Fichman, Marie-Eve Pelletier, and Aleksandra Wozniak) vs Argentina, Peru, and Bahamas, January 30-February 4, 2012

Australian Open Results

Erik Chvojka: Men's Qualifying Singles, 1st Round

Pierre-Ludovic Duclos: Men's Qualifying Singles, 2nd Round

Daniel Nestor: Men's Doubles, Semi-Finals

Filip Peliwo: Junior Boys' Singles, Finals Junior Boys' Doubles, Quarter-Finals

Peter Polansky: Men's Qualifying Singles, 3rd Round

Vasek Pospisil: Men's Qualifying Singles, 2nd Round

Milos Raonic: Men's Singles, 3rd Round

Adil Shamasdin: Men's Doubles, 2nd Round

Eugenie Bouchard: Junior Girls' Singles, Semi-Finals Junior Girls' Doubles, Quarter-Finals

Stephanie Dubois: Women's Singles, 2nd Round

Rebecca Marino: Women's Singles, 1st Round Women's Doubles, 1st Round

Aleksandra Wozniak: Women's Singles, 2nd Round

Carol Zhao: Junior Girls' Singles, 2nd Round Junior Girls' Doubles, Quarter-Finals

February's Coaches Corner

By Scott Hurtubise

Nature or Nurture?

The physical attributes that are required to become a tennis champion are such things as good hand-eye coordination, quick reflexes, and leg-speed. Without question, these attributes can be developed with hard work and effective training.

But most people are excluded from becoming the best tennis players, no matter how much time they spend attempting to reach their physical ceiling of potential.

Does this mean, then, that champions are born? Are Djokovic, Nadal, and Federer (currently the best players on the ATP Tour) so physically superior to everyone else that becoming the best was just destiny?

Certainly not; all three are exceptionally gifted physically, but in my view, there are other players who are equally as gifted physically, but what separates theses three from everyone else is their mental attributes . . .

- their will to win
- their determination
- their perseverance
- their ability to remain calm under pressure
- their ability to bounce back
- and the belief that they can win . . .

. . . All attributes that no one is born with, but that each one of us has the power to develop. The only choice is whether we want to.

It is in this sense that, given the necessary or essential physical attributes as a starting point, all champions are not only made -- they are in large part self-made.

In this day and age, where tennis has become so incredibly physically demanding, it is equally important to note that the psychological part of the game has evolved with the modern game.

Quote of the Month

For all of the Parents, Teachers, and Coaches out there…
"Players may forget what you said, but they won't forget how you made them feel."
Unknown

Next Newsletter

If you have some News for the March Newsletter please submit the information or an article to our office tennisns@sportnovascotia.ca before the end of February. Coaches, we encourage your share your knowledge by contributing to Coaches Corner. TNS reserves the right to send out your information or not based its content and intent.

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